



POLO SPRINGS

VETERINARY HOSPITAL

in conjunction with



would like to welcome you and your pet to our weight loss challenge. We are excited to have you join our elite clientele whose goal is to have happier pets with a healthier lifestyle.

Overweight and obese pets carry a significantly increased risk of developing a variety of serious health problems. Many of these health issues are similar to what overweight and obese humans may develop, including:

- 1. Heart, cardiovascular and respiratory problems**
- 2. Difficulty obtaining a thorough physical examination**
- 3. Skin infections and/or rashes**
- 4. Orthopedic and neurologic conditions including chronic pain**
- 5. Increased surgical and anesthetic complications**
- 6. Delayed wound healing and/or depressed immune function**
- 7. Metabolic disorders including Diabetes Mellitus**
- 8. Increased complications with pregnancy**

Polo Springs Veterinary Hospital is dedicated to helping our patients have a healthier lifestyle and live a longer life. In doing so, we are starting our first annual weight loss challenge. Our program includes:

- Before and after pictures**
- Ongoing complimentary monthly weight assessments**
- Personal access to the most up to date dietary recommendations for successful progressive weight loss**
- A complimentary bag of Royal Canin Veterinary Diet**

- **The opportunity to earn a free bath**
- **A feature of your pet, on display in our lobby**
- **A complimentary measuring cup and Polo Springs' frisbee**
- **The opportunity to be on our website and Facebook page**
- **A longer and healthier life**

HOW DO I TELL IF MY PET IS OVERWEIGHT?

- 1. Put your hands on either side of the chest cavity and feel the ribs. You should easily be able to count each individual rib, however if you have to press or push hard to feel the ribs, then there is a layer of fat preventing you from doing this.**
- 2. When looking at your pet from the side, is the abdomen tucked up or sticking out and even with the chest? Abdomens that are equal with the chest usually contain a larger quantity of fat which causes it to hang low.**
- 3. When looking at your pet from the top, can you see a waist? A pet's waist should be easily discernable from a top view. Waists that are even with the sides of the chest usually contain fat layers which are sometimes confused with tumors.**